



PARIPURNATA
HALF-WAY-HOME

Centre for Psychosocial Rehabilitation



Annual Report

2022-2023



From the Secretary's desk

Dear Friends and Well Wishers,

The year under consideration was year of good performance. We were almost free from dreaded Corona virus. All social and medical restrictions were no more in our life. The world has jumped back to normalcy. We, at Paripurnata, could work freely to achieve our set goals. As a result we are in a position to happily announce that we have attained a new height in our performance in almost all sectors of our scope of work. The detail report has been given separately hereafter. I strongly believe in "**NONE OF US IS BETTER THAN ALL OF US**". So, it is needless to say, without full support of the Managing Committee members, office staffs, house mothers, instructors and doctors, these could not have been possible. I am very grateful to each of them.

Further, I convey my sincere gratitude to all well wishers who extended their whole hearted financial and mental support to run our organization smoothly and effectively.

Let us all take an oath that we will, to best of our ability, serve humanity by caring for the mentally ill women, promoting good health, and alleviating pain and suffering.

LONG LIVE PARIPURNATA !

Thanking you,

1st July 2023

Bidhan Chandra Chakrabarti
Hony. Secretary & Chief Functionary

MANAGING COMMITTEE (2022-2023)

Office Bearers

Dr. Jayasree Maiti
Hony. President

Shri Prabir Basu
Hony. Vice President

Shri Bidhan Chandra Chakrabarti
Hony. Secretary

Shri Arunabha Das
Hony. Treasurer

Members

Shri Asok Kumar Sil • Shri Susanta Kumar Dutt • Smt. Moumita Sil (Ray) • Shri Swapan Kumar Ghosh
Shri Sukriti Chatterjee • Shri Sanjit Kumar Seal • Smt. Nilanjana Som

STAFF & INSTRUCTORS

Programme Staff

Dr. Shyamal Chakraborty : Psychiatrist (Part time)
Dr. Japasish Chakraborty : General Physician (Part time)
Ms. Jhuma Bhatta (Mukhopadhyay) : Programme-Coordinator-cum-Psychologist
Shri Briti Sundar Bhattacharjee : Psychiatric Social Worker-cum-Assets Supervisor

House Staff

Smt. Lakshmi Bag : Deputy House Mother
Smt. Shyamali Acharya : Asst. House Mother
Smt. Shila Mondal : Asst. House Mother
Smt. Shikha Dey : Asst. House Mother
Smt. Sandhya Chakraborty : Asst. House Mother
Smt. Sushama Santuya : Asst. House Mother

Administrative Staff

Shri Prasanta Kumar Dey : Admin, Asst. cum Accountant
Shri Sanjoy Biswas : Senior Office Assistant
Shri Goutam Chatui : Peon
Shri Trinath Sil : Security
Shri Ratan Das : Security
Shri Sudam Mondal : Security-cum-gardener (from 01-08-2022)

Activity Instructors (Part time)

Smt. Reba Sarkar : Sewing
Dr. Subhra Naskar : Art
Smt. Susmita Deb : Music
Shri Swapan Dutta : Music
Smt. Dipanwita Dawn (Laha) : Dance
Smt. Swapna Nath : Block Printing

VOLUNTEERS

| | | |
|-----------------------------|---|-------------------------------|
| Smt. Malabika Saha Bhowmick | : | Yoga Therapist |
| Smt. Gouri Poddar | : | Yoga Therapist |
| Smt. Nabanita Mukherjee | : | Dance Therapist |
| Smt. Ruchira Sen | : | Communication Skill Developer |
| Shri Swapan Kumar Ghosh | : | Librarian |
| Shri Naba Kumar Malik | : | Network Advisor |

The year that was.....

Key Results Achieved

- Fourteen residents, inducted from Government Mental Hospital, Twelve were rehabilitated with their families.
- Four relapsed ex-residents were discharged after being treated for various durations.
- Paripurnata received **Antar Theke Shundor Samman Award 2022** in recognition of Exceptional acts of its Kindness & Humanity by JK Cement, on 30th September 2022.
- Donation by well wishers has increased from Rs. 41.2 to Rs. 65.2 Lacs.



The following residential programmes were carried out as planned :-

i) Rehabilitation Programme

Rehabilitation Programme for women belonging to the marginalized sections, inducted from Government Mental Hospital to undergo the psycho-social rehabilitation process, throughout the year. The rehabilitation process on an average lasts for 9 months to one year for an individual patient.

Paripurnata also, has programme of 'follow-up' of ex-resident for at least 3 years, where free of cost psychiatric consultation, psychological counselling and medicines are provided. They also attend meetings conducted for peer-interaction and desensitization. They also participate in organized outings and picnics, as part of Social-skills training.

ii) Logistics

The residents of Paripurnata are brought from Calcutta Pavlov Govt. Mental Hospital. They are brought initially on leave of absence for 2 months. During this period we try to trace out their family members. We try to enquire about their place of stay. Due to their low educational level, they only give us some clues about their house. Basing on that we try to contact the local Police Station through the help of internet to contact their family members. Once we are able to contact, we give a briefing about Paripurnata. After that either they come to receive her, or else we escort them back to their house.

iii) Recuperation Programme

Recuperation for our ex-residents, who have relapsed due to factors like, not taking the prescribed medicines, and indifferent attitude and lack of empathy of the family members.
Duration 2-3 months.

ACTIVITIES IMPLEMENTED

The Rehabilitation Process :

Pharmaco - therapy : Psychiatric treatment with psychotropic medicines as required were regularly carried out by the psychiatrist.

Psychological counseling : Psychological counseling were rendered to all the residents, as applicable. Periodic group therapy sessions and mental state examinations were conducted.

Physical check-up : A general physician regularly carried out check-ups of all the residents and if required prescribed diagnostic and clinical examinations.

Occupational therapy : Training in basic domestic skills like cleaning, washing, personal hygiene and grooming were imparted every day. Training sessions on stitching, sewing and block printing were held as planned.

Socio-cultural therapy : Therapies in the form of music, dancing, painting and yoga were imparted as planned. To inculcate social skills like, receiving visitors, social interactions and shopping etc. were conducted regularly.

Non-formal education : Classes on general knowledge, current affairs, storytelling and basic human rights were held.

Outings, Picnics and Sports : Outings and picnics were organized, as planned.

Annual Picnic was held on 5th January 2023 for residents of Paripurnata at "GREEN VALLEY" Baruipur, Mirpur, Dist. - 24 Pgs. (S). A total of 50 persons, which included our residents, ex-residents, staff members, instructors and a few Managing Committee members participated. Everyone present enthusiastically participated in the various organized programmes.

The Residents presented a very engrossing cultural programme, planned and executed by them, with minimal support and interference from the staff. A wholesome lunch was served after the programme.



Annual Sports was held on 25th January 2023 for residents of Paripurnata at office lawn. Various sports events took place. The participants enjoyed the events. The sports ended with Tea, Sweets & Coffee.



Parallel Activities :

Home Visits : Visiting house of the families of the beneficiaries is an integral part of our rehabilitation process, which help us to gain first-hand knowledge on the ambience of the family and the community; and accordingly sensitize them. Visits were also made to the homes the ex-residents as follow-up measures. They interacted ex-residents and with their family members. They received feedback from those parents and family members and solved the problem area. The visits were done by our Psychiatric Social Worker and Programme Coordinator-cum-Psychologist. In some cases our Managing Committee members also accompanied with them.



Rehabilitated with her family, escorted by our staff

During this period, 46 such families were visited. In quite a few cases, our Psychiatric Social Worker / Psychologist, visited these families located in the outlying parts of West Bengal.

Ex-Residents' Meet : The meet was held on 21st December 2022, in which 20 ex-residents were present. As scheduled, to discuss about their health issues, compatibility with their families, along with their livelihood problems and sharing of experiences with their peers.



Family Meet : The meet was held on 24th February 2023, in which 28 family members of residents and ex-residents were present. The meet was organized to exchange views on the mental health status of the residents and ex-residents for enhancement of skills of the family members as care givers.

Out Patient Department (OPD) facilities :

OPDs were conducted weekly for the ex-residents and prescribed medicines were given free of cost to them. Psychiatric patients from the community were also given free consultation and prescriptions.



Related Activities :



Staff-Instructors' Meets were periodically organized to discuss the feedbacks of the instructors. There were exchanges of ideas for making the occupational therapies more meaningful.

3 (Three) meets were held on **30th April 2022**, in which 8 Instructors along with 2 Programme Staff, **29th December 2022**, in which 7 Instructors along with 2 Programme Staff and **27th March 2023**, in which 7 Instructors along with 2 Programme Staff were present. Progress of various planned, activities and their impact on the residents were discussed.

House staff training programme :

A Training Programme for house staff was held on **22nd June 2022**, in which 6 House Staff out of 6 staff, members attended the programme.

Speaker : Dr. Japasish Chakraborty, General Physician - Paripurnata, delivered an erudite speech on caregivers. In the training programme various mental related issues were thoroughly discussed.



Breast Cancer Detection Camp : Early lump detection of Breast Cancer camp was held on **11th November 2022**, at Paripurnata, in-collaboration with SUDHA Mumbai. The lump detection procedure was totally painless and radiation free done through Breast Scanning portable device. The Breast scan machine was operated by 2 trained lady technicians. It was a humble and sincere programme, in which the beneficiaries, staff, instructor and a few local community members participated. All of them were benefited by the camp. We are very happy to inform that none of them was detected Cancer.

Awareness on Gynecology : A Gynecology camp was held on **17th November 2022** at Paripurnata, in-collaboration with **SUKRITI**, a welfare association of women entrepreneurs. Dr. Nivedita Chatterjee made a presentation on *Gynecology*. Her lucid speech was aimed at the treatment of women's diseases. All the student & member of Sukriti and residents, the staff and Instructors of Paripurnata participated. All of them were benefited by the programme. A wholesome food packets was served after the programme.



Seminars & Webinars : The staff and the committee members regularly attend seminars & webinars to update their knowledge of mental health and related subjects. Some of the important ones, variously attended by our programme staff Smt. Jhuma Bhatta and Shri Briti Sundar Bhattacharjee and our Office-bearers are given below :-

- a) A Webinar series titled ‘Mental Well Being and Mental Illness’ on various topics by Medico Pastoral Association (MPA), Bangalore as part of their Golden Jubilee Celebration was attended by Ms. Jhuma Bhatta, Programme Coordinator cum Psychologist, throughout the year.
- b) A webinar online zoom link on “Tele Manas Stakeholder Consultation” was organized by NIMHANS, Bengaluru, dated 10th May 2022.
- c) A seminar on “Wellbeing - Body and Mind” was organized by Maromi, Kolkata at Paripurnata’s Auditorium, dated 20th May 2022. Ms. Jhuma Bhatta, Programme Coordinator cum Psychologist along with our Secretary, Mr. Bidhan Chandra Chakrabarti attended and delivered lectures on different issues related to PARIPURNATA.



- d) A seminar on ‘Mental Health Matters – Intersection of Mental Health and Gender based Violence Interventions’ organized by SNEHA (Society for Nutrition, Education and Health Action), on 25th August 2022 at Urban Health Care, Mumbai.
- e) A seminar on ‘Creativity and Mental Health’ organized by Indian Psychiatric Society on 4th September 2022 at Rotary Sadan. Paripurnata also participated in an exhibition of Handicraft made by beneficiaries of NGOs, working in the field of mental health.
- f) A seminar on ‘Make Mental Health & Wellbeing for all a global priority – Role of NGOs’ organized by ANTARA (Psychiatric Hospital & Rehabilitation Centre), on 15th October, 2022 at Community Hall at Antaragram, Baruipur.
- g) **7th National Conference of World Association for Psychosocial Rehabilitation (WAPR) – Indian Chapter** : 7th National Conference of WAPR IC organized by LGBRIMH and World Association for Psychosocial Rehabilitation - Indian Chapter (WAPR - IC) on the theme ‘Promoting Rights and Recovery in Mental Health’ on the 17th and 18th of March 2023 at LGBRIMH, Tezpur, Assam which was attended by our Honorary Secretary Mr. Bidhan Chandra Chakrabarti. He delivered a lecture in Symposium on “Mental Health initiatives of Paripurnata” on 18th March 2023.

30TH ANNIVERSARY of Paripurnata : A Seminar was organized on “Art Therapy & Mental Health” dated 11th August 2022 at 3 pm at our Sovarani Sil & Banamali Sil Memorial Hall. Shri Prabir Kumar Basu, Vice President, PARIPURNATA welcomed all the members. The special guests attended the programme were : **Dr. Debasish Halder**, DDHS (Mental & NCD II Dept.), Directorate of Health Services, **Dr. Mrigankamouli Kar**, Superintendent of Calcutta



Pavlov Mental Hospital, **Dr. Srijit Ghosh**, Professor & Head of the Department National Medical College, **Dr. Arnab Bannerjee** – Chief Psychiatrist SEVAC, **Dr. Bijoy Jacob**, Medical Superintendent of ANTARA, **Dr. Debashish Bhattacharjee**, Eminent Psychiatrist, **Ms. Sebanti Mukherjee**, Deputy Superintendent of Calcutta Pavlov Mental Hospital, **Mrs. Srabani Pal & Mrs. Pranati Sarkar**, Deputy Nursing Superintendent of Calcutta Pavlov Mental **Mrs. Sriparna Mazumdar**, Sister-In-charge, Calcutta Pavlov Mental Hospital, **Dr. Ratna Sen** – Founder member of Paripurnata and others. Felicitation ceremony was organized for eminent special guests. They delivered the short speeches. The program was concluded after presenting *commemorative mementos* to all the invites and the MC. Members and staff & Instructors of Paripurnata, for their dedicated services over the years. **Dr. Debashish Bhattacharjee**, delivered his speech on the key note address.



Programme for the Nursing Students :

Almost all the Nursing Colleges of West Bengal send their students (Post Graduate / Graduate / GNM) to Paripurnata for clinical experience / educational visits or training. They interacted with our beneficiaries for orientation and exposure on psycho-social rehabilitation process. The following colleges participate in the Nursing Training Programme during 2022-2023.

★ W.B. Govt. College of Nursing, Calcutta National Medical College ★ Apollo Gleneagles Nursing College ★ Peerless Institute of Nursing (Peerless Hospital and B. K. Roy Research Centre) ★ W.B. Govt. College of Nursing, S.S.K.M. Hospital ★ Asia Heart Foundation College of Nursing ★ W.B. Govt. College of Nursing, ID&BG Hospital ★ Shova Rani Nursing College, KPC Medical College & Hospital ★ Neotia Academy of Nursing ★ College of Nursing, Command Hospital, Eastern Command Kolkata ★ Priyamvada Birla Institute of Nursing, (Unit of Belle Vue Clinic) Kolkata ★ W.B. Govt. College of Nursing, R. G Kar Medical College & Hospital ★ Ma Sarada College of Nursing ★ W.B. Govt. College of Nursing, Institute of Psychiatry – COE ★ College & School of Nursing, R. N. Tagore Hospital ★ W.B. Govt. College of Nursing, N.R.S. Medical College & Hospital.

At the end of training programs, some of the groups had organized short cultural programs for our residents. Many of them donated cash or kind. Quite a few of them remained in touch with us, sent greeting cards and encouraging letters to residents. During the period a total 884 (in number) Nursing Students were trained.



Exposure and Orientation Visits : The following Students visited Paripurnata from different colleges and universities, located across India for the Psychosocial Rehabilitation process :

- Fifteen M.Sc. students from *Bosco Institute of Jorhat, Assam*.
- Five M.Sc students in Clinical Psychology of *George Colleges, Sealdah Campus, Kolkata*.
- Five Post Graduate Diploma in Disability Rehabilitation and Management students from *National Institute for Locomotor Disabilities, Bon-Hooghly, Kolkata*.
- Eleven students from *Dept. of Psychology, Vivekananda College for Women, Kolkata*.
- Six members from *WB Voluntary Health Association, Kolkata*.
- Eight Medical & Psychiatric Social Work students from *Loyola College, Chennai*
- Eight M.A. Psychology students from *ICFAI University, Tripura*.



Entertainment & Celebrations :

The residents celebrated festivals and events like Diwali, Holi, Raksha Bandhan, Christmas, Eid, Rabindra Jayanti and Independence Day.

Rabindra Jayanti : Tagore's 161st birth anniversary was celebrated in our Auditorium on 11th May 2022. The residents paid homage to the poet by reciting poems, singing Rabindra Sangeet & performing dance numbers, composed by him. A local organization "ANTARA" voluntarily participated in the programme. They only sang a few Rabindra Sangeet which added a new dimension to the programme.



Doctor's Day Celebration : The Day 1st July was celebrated with the Inner Wheel Club of Calcutta West. Dr. Prabhati Tandon made a presentation on Oral Hygiene. Her lucid speech was aimed at our residents. All of them were benefited by her speech. Inner Wheel Club of Calcutta West distributed useful oral kits to our beneficiaries.

Tree Plantation Week : Tree plantation week was celebrated in-collaboration with Inner Wheel Club of Calcutta West on 6th July 2022. Twenty five saplings were planted in our premises.





Independence Day : The 75th anniversary of our Independence was celebrated on 15th August 2022. The celebration commenced with hoisting of the national flag. The residents with confidence rendered nationalistic songs & recitations and dance drama. Mr. Bidhan Chandra Chakrabarti, Hony. Secretary delivered a short speech on our freedom struggle and also gave vote of thanks to the audience.

Durga Puja Celebration : The residents, accompanied by a few staff members, visited some of the pujas in our locality on Maha Sasthi, 30th September 2022. Our residents were very well received by the local communities and were served with Bhog & Refreshment.



Celebrated World Mental Health Day : The Day was celebrated in collaboration with the Rotary Club of Heritage Institute of Technology on 10th October 2022. The students conducted interactive session, art session & group singing with our beneficiaries.

Antara Exhibition (Mela) : Antara Organised a month-long Mental Health Program, at Antaragram from 10th October 2022. On 10th November they organized a Mental Health Exhibition (Mela). In which Paripurnata also opened a stall of Handicraft item made by beneficiaries. The reponse was satisfactory.



Annual Get-together : The programme was held on 6th November 2022 at Paripurnata. A cultural programme was conducted in which the talented residents along with a few staff, Members of Paripurnata and guest artists regaled the overflowing audience. A sumptuous lunch was served after the programme.

Observing International Women's Day : Paripurnata organized the programme on 8th March 2023 at the Sovarani & Balaram Sil Memorial Hall, Paripurnata. Our beneficiaries actively participated in the celebration, which included songs, recitations, dance-recitals & reading of articles, written by our residents themselves.



Monthly film shows : Six Bengali & Hindi movies were shown to the residents during the period for resident's entertainment.



EXPRESSION OF OUR GRATITUDE

We remain grateful to all the following organizations, which have provided us with ample support, encouragement and hope. Please accept our sincere thanks for assisting us to enable mentally ill women to reclaim their lives.

Government Agencies

Ministry of Social Justice & Empowerment, Department of Empowerment of
Persons with Disabilities, GoI
Directorate of Social Welfare, GoWB
Directorate of Health Services, GoWB
Office of the Commissioner for Persons with Disabilities, GoWB
Pavlov Hospital and Centre of Excellence, CNMCH Kolkata
Panchasayar Police Station
Kolkata Municipal Corporation
Pollution Control Board
Ministry of Home Affairs, Foreigners Division (FCRA) , GoI
Income Tax Department, GoI
West Bengal Fire & Emergency Services, GoWB

Donor Agencies, Trusts & Corporates

GiveIndia
West Bengal Electronics Industry Development Corporation Ltd (Webel)
Shefali Batra Foundation, USA
SJF Philanthropic Organisation, Bangalore
Agarwal Charitable Trust, Kolkata
ChemOrbit International, Hyderabad
M/S Intan Exim Private Limited
Hi-tech Tanners LLP
Sanderson and Morgans
M/S Rohit
M/S Alteus Biogenics Pvt Ltd
P.C. Sen Charitable Trust / Senco Gold Ltd.

Organisations & Groups

Govt. College of Nursing, I.D & B.G Hospital / INNER WHEEL CLUB OF CALCUTTA
WEST/ INNER WHEEL CLUB OF CALCUTTA MID-SOUTH / INNER WHEEL CLUB OF
SOUTH EAST CALCUTTA / South Point School / INNER WHEEL CLUB OF
BALLYGUNGE • Ladies' Group, Ekta Heights • NK Bhavan • Durga Puja Committees
of Bagha Jatin Park / Commint Park • WFCS, St. Paul's Cathedral • Shova Rani
Nursing College (KPC Medical College & Hospital).

Associates

- India Cares • Credibility Alliance • Guide Star India • Help Your NGO • Sukriti
- Our Civil Society • Ankurkala • Women & Infants in Need (WIIN) • Maromi
- Financial Management Service Foundation (FMSF)



With all humility, we convey our sincere gratitude to all the individuals, for their thoughtful donations in cash or kind above ₹1000/- and their unstinting support to Paripurnata.

Mr. Abhijit Basu
Ms. Agamani Ghosh
Mr. Ajoy Chowdhury
Mr. Amit Bhattacharjee
Ms. Amita Siromoni Nair
Ms. Annie Joseph
Ms. Anumita Banerjee
Mr. Arindam Bhattacharjee
Mr. Arun Kr. Roy
Mr. Arunabha Das
Mr. Arup Mondal
Mr. Ashim Kumar Deb Roy
Mr. Ashwhin Kumar
Mr. Asok Kumar Sil
Mr. Avik Sen
Ms. Banani Adhikary
Ms. Bhaswati Bose
Mr. Bidhan Chandra Chakrabarti
Mr. Biseswar Chakraborty
Mr. Biswajit Das
Mr. Christopher Godfrey
Mr. Debashish Das
Mr. Debendra Nath Dhur
Ms. Deepa Banerjee
Ms. Dipali Saha
Ms. Dipanwita Dawn (Laha)
Ms. Dolan Champa Chakraborty
Ms. Elizabeth Susan Paul
Ms. Farina Kapadia
Mr. Gour Sen
Mr. Goutam Das
Ms. Indira Culshaw
Dr. Jayasree Maiti
Ms. Jesmi Banerjee
Ms. Jhuma Bhatta
Mr. Joy Mukherjee
Ms. Julie Chowdhury
Ms. Jyoti Madan
Ms. Kaberi Chakrabarti
Ms. Kalpana Basu
Mr. Kalyan Chakraborty
Mr. Kamalesh Chakraborty
Mr. Kanai Lal Das
Ms. Krishna Mondal
Mr. Kushal Ghosh
Ms. Lakshmi Dwivedi
Ms. Laly Mandal
Ms. Madhubanti Ghosal
Ms. Mahua Baidya
Mr. Minaka Churan Law
Ms. Moumita Sil (Ray)
Ms. Moushume Basu Roy
Ms. Nabanita Mukherjee
Ms. Nabarupa Chatterjee
Ms. Nandini Bhattacharjee

Ms. Neha
Ms. Neil Bhattacharjee
Ms. Nilanjana Mukherjee
Ms. Nilanjana Som
Ms. Noel
Mr. P. Majumdar
Dr. P. Nayek
Ms. Parbati Dey
Mr. Partha Sil
Mr. Prabhat Sil
Mr. Prabir Kumar Basu
Mr. Prasanta Kumar Dutt
Mr. Prasenjit Chaudhuri
Mr. Pritish Kumar Sarkar
Mr. Ramendra Lal Auddy
Mr. Rana Mukherjee
Mr. Ranjan Guha
Mr. Ravi Sangal
Ms. Roma Bhattacharjee
Mr. Romit Dey
Ms. Ruma Basu
Ms. Ruma Roy
Col. S.K.Mukherjee
Mr. Saibal Ghosh
Ms. Sakuntala Sengupta
Ms. Sanchita Dutta
Mr. Sandip Chakraborty
Ms. Sanghamitra Das
Mr. Sanjay Nandi
Mr. Sanjit Kumar Seal
Mr. Sanjoy Chatterjee
Ms. Sanjukta Roy
Mr. Sekhar Mondal
Ms. Sharmistha Basu Ray
Ms. Shyamashre Dasgupta
Ms. Soma Biswas
Ms. Soma Nath
Mr. Somnath Sen
Mr. Sourav Chakraborty
Ms. Sovarani Basu
Ms. Sreyashi Roy Chowdhuri
Mr. Subrata Sarkar
Master Subhamoy Bhattacharjee
Mr. Sukrit Chatterjee
Ms. Sumana Ganguly
Ms. Sumi Dutta
Ms. Sunita Dasgupta
Mr. Suresh Manual Rapheal
Ms. Surupa Law
Mr. Susanta Kumar Dutt
Ms. Susmit Chatterjee
Mr. Swapan Kr. Ghosh
Mr. Tapas Das
Mr. Tarak Nath Basu
Ms. Uma Sen
Ms. Yamini Zaveri



Auditor's Report 2022-2023

N.K.B. & Associates
CHARTERED ACCOUNTANTS

5/2, Gorachand Lane,
(Behind Lady Barbourne College Hostel)
2nd Floor, Kolkata – 700 014
Cell : 9477035698

AUDITOR'S REPORT
ABRIDGED FINANCIAL STATEMENTS OF PARIPURNATA
1912, PANCHASAYAR ROAD, KOLKATA – 700 094

TO
THE MEMBERS,
PARIPURNATA

We have examined the abridged balance sheet of PARIPURNATA as at 31st March, 2023, the abridged Income and Expenditure Account and the abridged Receipts & Payments Account for the year ended on that date, together with the notes thereon. These abridged financial statements have been prepared by the Society and are based on the accounts of the Society for the year ended 31st March, 2023 and covered by our report of even date to the members of the Society.

Dated : 17th June 2023

Kolkata

For **N.K.B. & Associates**

Firm Regn. No. : 322167E

CHARTERED ACCOUNTANTS



(N. K. BHATTACHARYA)

Proprietor

ICAI Membership No.: 056010

CAI UDIN : 23056010BGYJTX3164

| Abridged Balance Sheet as at 31 st March 2023 | | | F/Y 2021-22 |
|--|---------------------|-----------------------|----------------------|
| Particulars | Amount (₹) | Amount (₹) | Amount (₹) |
| i. SOURCES OF FUNDS : | | | |
| 1. a) General Fund | 1,01,07,807.56 | | |
| b) Project Capital Funds | 31,21,259.56 | | |
| c) Building Fund | <u>63,57,695.46</u> | <u>1,95,86,762.58</u> | <u>17,591,712.96</u> |
| ii. APPLICATION OF FUNDS : | | | |
| 1. Fixed Assets | | 46,56,468.00 | 4,924,992.00 |
| Net Block (Original Cost less accumulated depreciation) | | | |
| 2. Investments | | | 11,693,854.69 |
| In FDRs with HDFC & Bank | | 1,16,33,110.70 | |
| 3. (i) <u>Current Assets, Advance & Deposits :</u> | | | |
| a) Cash & Bank Balances | 34,35,721.88 | | |
| b) Advances & Deposits Fund | <u>2,07,834.00</u> | | |
| | 36,43,555.88 | | |
| Less : (ii) Current Liabilities for Expenses | <u>3,46,372.00</u> | | |
| Net Current Assets (i) - (ii) | 32,97,183.88 | <u>32,97,183.88</u> | <u>972,866.27</u> |
| Total of 1 + 2 + 3 | | <u>1,95,86,762.58</u> | <u>17,591,712.96</u> |

| Abridged Income and Expenditure Account for the year ended 31 st march 2023 | | | F/Y 2021-22 |
|--|--------------|---------------------|---------------------|
| Particulars | Amount (₹) | Amount (₹) | Amount (₹) |
| i. INCOME: | | | |
| Donation : From Foreign Sources | 6,98,989.00 | | |
| : From Indigenous Sources | 58,23,159.00 | 65,22,148.00 | 4,120,188.76 |
| Interest : From HDFC & Bank | | 7,12,961.01 | 664,135.64 |
| Other Income | | 29,616.67 | 4,466.69 |
| Total : | | 72,64,725.68 | 4,788,791.09 |
| ii. EXPENDITURE: | | | |
| Programme Expenses | | 34,27,272.00 | 2,707,321.00 |
| Institution Expenses | | 14,68,484.06 | 1,476,877.79 |
| Depreciation | | 2,73,524.00 | 289,332.00 |
| Auditors' Remuneration | | 16,000.00 | 16,000.00 |
| Total : | | 51,85,280.06 | 4,489,530.79 |
| iii. NET SURPLUS FOR THE YEAR | | 20,79,445.62 | 299,260.30 |

Dated : 17th June 2023

| Abridged Receipts & Payments for the year ended 31 st march 2023 | | | | F/Y 2021-22 |
|---|--------------|--------------|-----------------------|----------------------|
| Particulars | Amount (₹) | Amount (₹) | Amount (₹) | Amount (₹) |
| i. OPENING BALANCE AS ON 01.04.2022 | | | | |
| Cash in hand and at Bank | | | 11,74,051.27 | 16,00,910.01 |
| ii. RECEIPTS : | | | | |
| Donation : For Programme & Expenses : | | | | |
| : From Foreign Sources | 6,98,989.00 | | | |
| : From Indigenous Sources | 58,23,159.00 | 65,22,148.00 | | |
| Interest : From HDFC & Bank | | 6,40,406.22 | | |
| Maturity of FDRs with HDFC & Bank | | 66,74,734.78 | | |
| Other Receipt | | 1,28,466.67 | | |
| | | | 1,39,65,755.67 | 11,578,708.05 |
| iii. Total (i + ii) | | | 1,51,39,806.94 | 13,179,618.06 |
| iv. PAYMENTS : | | | | |
| Programme Expenses | | 34,27,272.00 | | |
| Institutional Expenses | | 14,74,717.06 | | |
| Addition to Fixed Assets | | 5,000.00 | | |
| Investments in FDRs with SBI & HDFC | | 66,18,996.00 | | |
| Other Payments | | 1,78,100.00 | 1,17,04,085.06 | 12,005,566.79 |
| v. CLOSING BALANCE AS ON 31.03.2023 | | | 34,35,721.88 | 1,174,051.27 |
| Cash in hand and at Bank (iii – iv) | | | | |

Dated : 17th June 2023

Salary Distribution Table (2022-23)

Staff remuneration [Gross monthly salary + benefits] per month in Rupees

| Gross salary | Amount |
|---|----------|
| Head of the organisation (including honorarium) : | Zero |
| Highest paid Full Time regular staff : | ₹30685/- |
| Lowest paid Full Time regular staff : | ₹5780/- |

**NO REMUNERATION HAS BEEN PAID TO ANY OF THE BOARD MEMBERS, THIS YEAR
NO PAYMENT HAS BEEN MADE TO ANY CONSULTANT, THIS YEAR**

Amount reimbursed to all Board members in the financial year 2022-2023

| Sl.No. | Particulars | Gross Reimbursement per annum |
|--------|----------------------|-------------------------------|
| 1. | International Travel | Zero |
| 2. | Domestic Travel | Zero |
| 3. | Local Conveyance | ₹60767/- |

Salary Slab for Staff

| Slab of gross salary (in Rs.) plus benefits paid to staff (per month) | Male staff | Female staff | Total staff |
|---|------------|--------------|-------------|
| Less than 5000 | - | - | - |
| 5,000 – 10,000 | 1 | 5 | 6 |
| 10,000 – 25,000 | 4 | 1 | 5 |
| Greater than 25,000 | 1 | 1 | 2 |
| International Travel | Zero | | |
| Domestic Travel | Zero | | |
| Local Conveyance | ₹25,096/- | | |

It is stated that, the Accounts of Paripurnata have been prepared on cash basis and recognition of interest on investment in FDRs with the banks are prepared on accrued basis.

PARIPURNATA

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Email &  : paripurnata@gmail.com

Our Bankers :

State Bank of India

New Ballygunge (Kasba) Branch
Non FC A/C No. : 10433834779
Swift Code : SBININBB106
IFSC NO. : SBIN0008277

State Bank of India

New Delhi Main Branch

FC A/C No. : 40187950121
Swift Code : SBININBB104
IFSC NO. : SBIN0000691



PARIPURNATA

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